1. What is Alcohol?  
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2. Alcohol is a drug that slows down the body and affects the your judgement.

3. In this picture all have the same alcohol content.

4. Important definitions

Ethanol: the type of alcohol in alcoholic beverages

Fermentation: the chemical action of yeast on sugars

Depressant: a drug that slows the central nervous system

5. **Craving**—A strong need, or urge, to drink

**Loss of control**—Not being able to stop drinking once drinking has begun.

**Physical dependence**—Withdrawal symptoms, such as [nausea](http://www.medicinenet.com/script/main/art.asp?articlekey=4510), [sweating](http://www.medicinenet.com/script/main/art.asp?articlekey=9299), shakiness, and [anxiety after stopping drinking.](http://www.medicinenet.com/script/main/art.asp?articlekey=42985)

**Tolerance**—The need to drink greater amounts of alcohol to get "high."

6. Interesting facts

The alcohol content in a bottle of beer, a glass of wine, and a mixed drink are all equal

Almost 2.5 million times teenagers in the US are current consumers of alcohol in 1979 - 1997

7. Half of all hospitals in the U.S. provide alcoholic beverages to their patients.

8. 3 Questions

Does a 12 oz bottle of beer, a 5 oz glass of wine, and a 1.5 oz shot of liquor have the same alcohol content?

What are the 4 signs and symptoms of alcoholism?

Is alcohol a depressant?